



The Fish

Time for lunch

(950 kcal)

Sausage roll

Pork, sage & onion 🌿🥓🥕🧄

Wraps

Hoisin duck, cucumber, spring onion 🌿🥒🌿🥒

Hummus, piquillo peppers, rocket 🌿🌿🥒

Salads

Shrimp salad, avocado, iced gem lettuce, baby spinach, fennel, citrus dressing 🦐🥑🥬🌿🍊🍋

Thai salad, bean sprouts, carrot, chilli, mango, coriander 🥒🥕🌿🍌🌿

This is a sample menu



Crustacean



Egg



Fish



Gluten



Milk



Mustard



Nuts



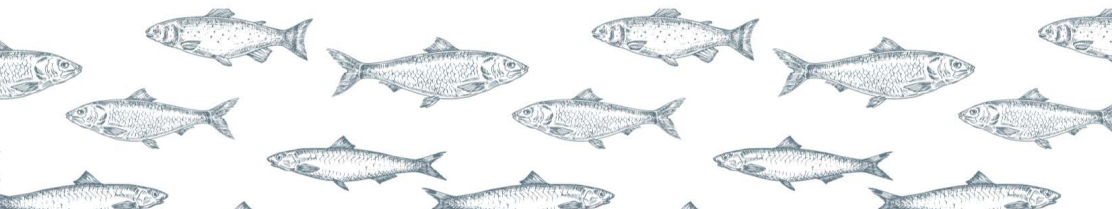
Sesame



Soy



Sulphur Dioxide





The Fish

Time for lunch

(1049 kcal)

Scotch egg

Pork & 'nduja 🌿🐟🥚🧂

Ciabatta toasties

Chicken, pesto, mozzarella, rocket 🌿🧀

Goats cheese, red pepper, spinach 🌿🥬

Salad and sides

Caesar salad, streaky bacon, lettuce, anchovies, Caesar dressing, Parmesan 🌿🐟🥚🧀🧂

Cheesy macaroni bites 🌿🥚🧀🧂 | Fries with rosemary sea salt

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